



WAYNE STATE UNIVERSITY 2018

# ALAN TRAMMELL & LANCE PARRISH BASEBALL CAMP



**SAT. & SUN., DECEMBER 8-9, 2018**

**DETROIT, MICHIGAN**

### ALAN TRAMMELL

**Former Major League Shortstop  
2018 Hall of Fame Inductee**  
MLB Coaching & Managerial Experience  
Six-Time All-Star  
Four-Time Gold Glove Winner  
MVP of 1984 World Series

### WAYNE STATE BASEBALL

**Coaching Staff & Student Athletes**  
• 5 NCAA Appearances last 8 Seasons  
• Nearly 9,000 Community Service Hours over six years  
• 3.38 Cumulative GPA  
• 307 Wins Last 10 Seasons

### LANCE PARRISH

**Former Major League Catcher**  
MLB Coaching Experience  
Eight-Time All-Star  
Three-Time Gold Glove Winner  
1984 World Series Champion

## SCHEDULE

### DAY 1 • SATURDAY, DEC. 8

#### Session I: Fundamentals Camp

Learn baseball concepts, drills performed at the college and professional levels.

Grades 2-12 • 9:00 a.m. - 12:00 p.m.

**Cost \$100**

#### Session II: Advanced Hitting Camp

Higher-level fundamental tools and showcase to enhance your success with focus on what it takes to play at the next level.

Grades 2-12 • 1:30 p.m. - 4:30 p.m.

**Cost \$100**

### DAY 2 • SUNDAY, DEC. 9

#### Session I: Alan Trammell Shortstop Camp

Alan Trammell will lead this advanced shortstop specific camp with detailed instruction, drill sets, training, and a philosophy that has anchored him within the great history of baseball shortstops. If you are looking to lead your team as a shortstop in 2018 this is the camp for you!

Grades 8-12 • 9:00 a.m. - 12:00 p.m.

**Cost \$125**

#### Session II: Lance Parrish Catching Camp

Lance Parrish will direct this detailed catching camp to assist with your progression behind the plate. This camp will prove to be the ultimate off-season preparation for your catching development. An advanced series of catching drills, position education, training, and a winning mentality will be delivered from the former MLB perennial All-Star catcher.

Grades 8-12 • 1:00 p.m. - 4:00 p.m.

**Cost \$125**

Learn more camp details at [wsuathletics.com/camps](http://wsuathletics.com/camps).



### DAY 1 • SATURDAY, DEC. 8

Session I (\$100)    Session II (\$100)\*    Session I & II (\$180)

### DAY 2 • SUNDAY, DEC. 9

Session I (\$125)    Session II (\$125)

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ HS Grad Year \_\_\_\_\_ Age \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ E-mail \_\_\_\_\_

T-Shirt Size: Youth  Small    Medium    Large    X-Large

Adult  Small    Medium    Large    X-Large

## REGISTRATION

**Deadline: Dec. 1, 2018**

SEND CHECK OR MONEY ORDER TO:

Wayne State University - Baseball | Department of Athletics  
5101 John C. Lodge, 101 Matthaei | Detroit, MI 48202

All participants must print and complete a Wayne State Camps Medical History Form & Waiver of Liability Form and bring it to the first day of camp (available on the camps page at [wsuathletics.com](http://wsuathletics.com))

REGISTER ONLINE!  
[WSUATHLETICS.COM](http://WSUATHLETICS.COM)