



WAYNE STATE UNIVERSITY 2019

ALAN TRAMMELL & LANCE PARRISH

BASEBALL CAMP



SAT. & SUN., DECEMBER 7-8, 2019

DETROIT, MICHIGAN

ALAN TRAMMELL

Former Major League Shortstop

2018 Hall of Fame Inductee

MLB Coaching & Managerial Experience

Six-Time All-Star

Four-Time Gold Glove Winner

MVP of 1984 World Series

WAYNE STATE BASEBALL

Coaching Staff & Student Athletes

• 6 NCAA Appearances last 10 Seasons

• Nearly 10,000 community service hours over seven years

• 3.32 Cumulative GPA

• 342 Wins Last 11 Seasons

LANCE PARRISH

Former Major League Catcher

MLB Coaching Experience

Eight-Time All-Star

Three-Time Gold Glove Winner

1984 World Series Champion

SCHEDULE

DAY 1 • SATURDAY, DEC. 7

Session I: Fundamentals Camp

Learn defensive baseball concepts, drills performed at the college and professional levels. Pitching, catching, infield and outfield.

Grades 2-12 • 9:00 a.m. - 12:00 p.m.

Cost \$100

Session II: Advanced Hitting Camp

Higher-level fundamental tools and showcase to enhance your success with focus on what it takes to play at the next level.

Grades 2-12 • 1:30 p.m. - 4:30 p.m.

Cost \$100

DAY 2 • SUNDAY, DEC. 8

Session I: Alan Trammell Shortstop Camp

Alan Trammell will lead this advanced shortstop specific camp with detailed instruction, drill sets, training, and a philosophy that has anchored him within the great history of baseball shortstops. If you are looking to lead your team as a shortstop in 2020 this is the camp for you!

Grades 8-12 • 9:00 a.m. - 12:00 p.m.

Cost \$125

Session II: Lance Parrish Catching Camp

Lance Parrish will direct this detailed catching camp to assist with your progression behind the plate. This camp will prove to be the ultimate off-season preparation for your catching development. An advanced series of catching drills, position education, training, and a winning mentality will be delivered from the former MLB perennial All-Star catcher.

Grades 8-12 • 1:00 p.m. - 4:00 p.m.

Cost \$125

Learn more camp details at wsuathletics.com/camps.



DAY 1 • SATURDAY, DEC. 7

Session I (\$100) Session II (\$100)* Session I & II (\$180)

DAY 2 • SUNDAY, DEC. 8

Session I (\$125) Session II (\$125)

Name _____

Address _____

City, State, Zip _____

School _____ Grade _____ HS Grad Year _____ Age _____

Phone (____) _____ E-mail _____

T-Shirt Size: Youth Small Medium Large X-Large

Adult Small Medium Large X-Large

REGISTRATION

Deadline: Dec. 2, 2019

ALL REGISTRATION AND PAYMENT MUST BE DONE ONLINE THROUGH WSUATHLETICS.COM.

*ONLINE FEES APPLY

All participants must print and complete a Wayne State Camps Medical History Form & Waiver of Liability Form and bring it to the first day of camp (available on the camps page at wsuathletics.com)

REGISTER ONLINE!
WSUATHLETICS.COM